

# Cost of Living Snapshot



## Consumer Price Index – June Quarter 2025

The national inflation rate, as measured by the [Consumer Price Index](#), was 0.7% in the June Quarter (down from 0.9% in the March quarter). Price increases were slightly higher in Adelaide with a rise of 0.8%.

The annual inflation rate was 2.1% nationally, although the “trimmed mean” measure of underlying inflation (which removes irregular or temporary price changes) was higher at 2.7%. However, both measures were lower in June than in the previous quarter.

The most notable price increases in the quarter were in:

- **Food**, which has been significantly above the general CPI rate for the last 5 quarters
- **Health**, driven largely by a significant hike in private health insurance premiums
- **Housing**, with rent increases slowing, but still going up above the inflation rate and energy prices trending up nationally as electricity rebates were used up.

Overall the ABS calculates that nationally the price of essential purchases went up by the same amount as the discretionary purchases in the June quarter. However, that may not be the case in Adelaide where the increases in fruit and vegetables, rent and health were significantly above the national increases, and the decrease in petrol prices was less than the national average. Adelaide’s electricity prices went up by much less than the national average (mainly due to energy rebates expiring in other states and yet to impact in SA). But apart from those rebates, it is likely that the price of essential purchases in Adelaide went up by more than the headline CPI figure in the June quarter. This is not good news for those on low incomes who spend most of their income on these essentials.

	June Quarter CPI Increase		Annual CPI Increase (June 2024 – June 2025)	
	Adelaide %	Australia %	Adelaide %	Australia %
Food	1.0	1.0	3.1	3.0
Fruit and Vegetables	4.7	4.3	5.4	4.6
Housing	0.0	1.2	-0.1	2.0
Rent	1.3	1.0	4.9	4.5
Utilities	-0.2	3.9	-5.6	-1.3
• Electricity	0.3	8.1	-9.2	-6.2
• Water	0.0	0.0	6.3	2.7
• Gas	-1.9	-2.1	0.5	5.7
Health	2.4	1.5	4.1	4.1
Transport	-0.1	-0.7	-2.2	-2.6
• Petrol	-2.3	-3.4	-8.4	-10.0
<b>CPI All Groups</b>	<b>0.8</b>	<b>0.7</b>	<b>1.8</b>	<b>2.1</b>